

Client: Landy Dean

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How to Fake a Toned Body

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Tip 3. Slim down your face with makeup



Makeup artist Landy Dean's face-thinning tricks:

- To create a more defined jaw line: Stand under an over head light and look straight into a mirror (don't lift your chin). Apply a foundation or powder that's one to two shades darker than your natural coloring to the under side of your jaw with a large powder brush, tracing the lines of your jawbone. Don't use bronzer for this as most contain shimmer that will stand out and look unnatural.
- To create defined cheekbones: Use the same powder or switch to a bronzer to brush up the undersides of your cheekbones with a contouring brush. Use a slightly upward vertical stroke (as opposed to the horizontal stroke or circular stroke we use to apply blush to the apples of our cheeks) when you sweep under the roundest part of your cheeks.
- Bonus tip: If you have big, full cheeks, avoid wearing light shimmery blush -- it will make them look even fuller.