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Positively Beautiful

by CARMINDY

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Be A Beach Babe!

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I absolutely love that "day at the beach" summer look. A head full of tousled hair, a hint of rosiness on the cheeks and a sun-kissed glow that says sun, surf and summer fun can make you feel free-spirited and happy. Between work, kids and everything else, life can get pretty crazy for a lot of us. We may not have time to get seaside as often as we like but that doesn't mean we can't look like we just got back from the surf and turf.

To get a beach babe look, start with your hair. When you get out of the shower use a wave-enhancing product to get that awesome beach hair texture -- I like *Calista Tools Activate Energy Activating Spray*. Mist this on damp hair and then scrunch your hair up and let it air dry for frizz free sexy waves.